

Promoted by International Taekwon-Do Federation Organized by SSD Federico II di Svevia - Italy in co-operation with Fitsport & Opes Italia Aps

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Inclusive Taekwon-Do World Championships Oct 3rd - 5th 2025









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Purpose & Goal

Inclusive Taekwon-Do World Championships 2025 – Jesolo, Italy

The Inclusive Taekwon-Do World Championships 2025 provides a global platform for athletes with intellectual and physical disabilities to showcase their remarkable skills, determination, and spirit in the Korean martial art of Taekwon-Do.

Our primary objective is to foster an environment of **inclusivity**, **fairness**, and **respect**, ensuring every participant—regardless of their abilities—has the opportunity to compete, grow personally, and inspire others.

This event goes beyond simple competition; it embodies **empowerment**, breaking down barriers, and celebrating the extraordinary potential within every athlete. Through the practice of Taekwon-Do, we aim to instill self-confidence, discipline, and unity, staying true to the vision and philosophy of General Choi Hong Hi, Father and Founder of Taekwon-Do:

"Taekwon-Do is for Everyone."

We warmly invite all countries and Taekwon-Do organizations worldwide to join us in shaping a more inclusive, unified, and inspiring future for Taekwon-Do athletes with intellectual and physical disabilities.

The Inclusive Taekwon-Do World Championships maintains the highest standards of fair play, respect, and integrity. Every athlete, coach, and official is expected to compete with honour, sportsmanship, and mutual respect, thus ensuring a positive and inclusive atmosphere for all participants.

Remember, this championship is more than winning medals—it is about **personal growth**, **perseverance**, and **celebrating the unique achievements of every competitor**. We encourage participants to uphold the true spirit of Taekwon-Do, embracing camaraderie, mutual encouragement, and the joy of competition.







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Official Welcome Letter



Dear Inclusive Taekwon-Do Brothers and Sisters,

As the President of the International Inclusive Taekwon-Do Association (IITA), it is my great pleasure to extend a heartfelt invitation to all Taekwon-Do practitioners and National Governing Bodies worldwide with athletes having physical and intellectual disabilities to participate in a historic event—the Inclusive Taekwon-Do World Championships 2025, hosted in Jesolo, Italy.

This event promises to be a groundbreaking celebration of **skill**, **determination**, **inspiration**, and **unity**.

I wish to take this opportunity to extend my sincere gratitude to ITF President Prof. GM Ri Yong Son, ITF President Assistant & ITF Tournament Software Founder of ISCORE Mr. Anton Arkhipov, and ITF Italy NGB Host Organiser Master Ruggiero Lanotte for their unwavering support and dedication in ensuring the success of this remarkable championship.

This championship is more than simply competition; it stands as a testament to the spirit of inclusion and the transformative power of Taekwon-Do in bringing together individuals of all abilities. Regardless of the type or extent of one's disability, what truly matters is the courage and perseverance shown in overcoming challenges in the genuine spirit of Taekwon-Do.

We are making history by cultivating an environment in which every participant feels valued, respected, and inspired, irrespective of their physical or intellectual challenges.

I wholeheartedly encourage each and every one of you to become part of this historic occasion—to showcase your talents, demonstrate your spirit, and forge lasting friendships with fellow Taekwon-Do practitioners from around the globe. Together, let us create a legacy of inclusivity, excellence, and empowerment that will inspire generations to come.

We look forward to welcoming you all to Jesolo in 2025!

Yours in Taekwon-Do,

Mr. Benjamin Evans

President

International Inclusive Taekwon-Do Association (IITA)







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Championship Schedule & Competition Rules

Inclusive Taekwon-Do World Championships 2025 – Jesolo, Italy

Event Schedule

Thursday, October 3rd, 2025 – Arrival & Orientation

- All day | Teams Arrival, Hotel Check-in & Rest
- 4:00 PM 5:30 PM | Group Training & Venue Familiarization (light warm-up, venue visit)
- 6:00 PM 7:00 PM | Team Managers & Coaches' Meeting (logistics, schedule confirmation)
- 7:30 PM | Dinner

Friday, October 4th, 2025 – Registration & Event Preparation

- **Venue:** Jesolo Sports Arena
- 9:00 AM 11:00 AM | Official Registration & Accreditation (documentation, passes distribution)
- 11:30 AM 12:30 PM | Officials & Umpire Meeting (rules and procedures review)
- 12:30 PM 2:00 PM | Lunch Break
- **2:00 PM 4:00 PM** | Event Draw & Group Meetings (announcement of divisions, competition order)
- 5:00 PM 6:30 PM | Opening Ceremony
- 7:00 PM | Dinner

Saturday, October 5th, 2025 – Competition Day

Venue: Jesolo Sports Arena

9:00 AM - 6:00 PM

Morning Session

• **8:00 AM – 9:00 AM** | Arrival at Venue







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- 9:00 AM 9:30 AM | Competition Start & Welcome
- 9:30 AM 12:30 PM | Patterns, Supported Journey Patterns, Team Patterns, Unified Abilities
- 12:30 PM 1:30 PM | Lunch Break

Afternoon Session

- 1:30 PM 3:00 PM | Inclusive Sparring
- 3:00 PM 4:30 PM | Jumping High Kick & Power Breaking
- **4:30 PM 5:30 PM** | Awards Ceremony
- 5:30 PM 6:00 PM | Closing Remarks & Group Photos



Competition Rules & Guidelines

Patterns

Patterns categories accommodate diverse styles, abilities, and levels of support. Judging will emphasize principles of execution rather than strict adherence to style conformity, ensuring fairness and inclusivity.

Unified Patterns Category

- Open to all Taekwon-Do styles.
- Judged based on balance, control, power, rhythm, and overall execution.
- No deductions for style variations.
- Competitors select and perform their chosen pattern, evaluated according to individual ability.
- Official globally recognized patterns only—freestyle or creative routines are not permitted.
- Athletes from different Taekwon-Do styles may perform ITF patterns corresponding to their rank.

ITF Rules Patterns Category

- Exclusive to competitors performing official ITF Taekwon-Do patterns.
- Judging criteria: technical accuracy, rhythm, breath control, power, and focus.
- Competitors perform patterns appropriate to their rank.

Supported Journey Patterns

Designed specifically for competitors requiring assistance and external support.







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- A support person may guide the athlete without physical intervention unless absolutely necessary.
- Competitors are judged individually, based on effort and pattern execution.
- Athletes with support perform individually, using a pyramid elimination system.

Unified Abilities

An inclusive event allowing competitors to demonstrate various Taekwon-Do skills, collaborating with 1-2 mainstream supporters if needed.

Rules & Guidelines:

- Performance duration: **40–60 seconds**.
- Athletes may perform solo or with up to two assistants.
- Demonstrations can include self-defense, breaking, patterns, or sparring.
- Use of props and creativity is allowed.
- Judging based on effort, execution, effectiveness, and overall presentation.

Team Patterns

Friendship Team Patterns

- Teams of **3 members** from different countries.
- Mixed Taekwon-Do styles permitted.
- Judged on synchronization, teamwork, and execution, not style-specific detail.

Country-Only Team Patterns

- Teams must represent the same country.
- Teams can be all male, all female, or mixed gender.
- Judging criteria: execution, teamwork, and synchronization.

Inclusive Sparring

Rules & Guidelines:







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- Competitors wear full protective sparring gear and perform pre-set combinations with their coaches.
- Matches last approximately 1 minute.
- Four corner umpires score, with oversight by a jury panel.
- Difficulty level is adapted to athletes' individual abilities.
- Separate divisions for standing and wheelchair athletes.

Standing Competitors – Technique Combinations:

- 1. High/Middle Punch + Reverse Punch
- 2. Front Kick + Reverse Punch
- 3. Double Turning Kick (single leg)
- 4. Step Forward Side Kick + Reverse Punch
- 5. Turning Kick + Hooking Kick
- 6. Jumping Front Kick + Reverse Punch + Side Kick
- 7. Hooking Kick + Back Kick
- 8. Jumping Side Kick + 360° Turning Kick
- 9. Fast Punching Attack + Back Kick
- 10. Jumping Downward Kick + Back Kick

Wheelchair Competitors – Technique Combinations:

- 1. Punch + Reverse Punch
- 2. Palm Strike + Knife Hand Strike
- 3. Turning Punch + Upward Punch
- 4. Back Fist + Knife Hand Block
- 5. Duck + Reverse Punch + Reverse Knife Hand Strike
- 6. Double Punch + Crescent Punch + Turning Punch
- 7. Dodge + Reverse Punch + Back Fist
- 8. 360° Chair Spin + Back Fist Strike
- 9. Forward Wheel Thrust + Strike
- 10. Chair Pivot + Spinning Back Fist

Jumping High Kick

Standing Competitors:

• Minimum starting height: 1.2 meters







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- Height increments: 10 cm
- Competitors must demonstrate clean, controlled kicks.
- Highest successful kick wins.

Wheelchair Competitors:

- Minimum starting height: **0.8 meters**
- Height increments: 5 cm
- Competitors execute punches or strikes at elevated targets.
- Highest reach wins.

Power Breaking

Board Types & Points (UMAB pegged boards):

Color	Points
White	1
Yellow	2
Orange	3
Green	4
Blue	5
Brown	6
Black	7

Allowed Breaking Techniques

Kicking Techniques:

- Front Snap Kick
- Turning Kick
- Side Kick
- Back Kick

• Hand Techniques:

- o Male Competitors: Punch, Knife Hand Strike, Elbow
- o Female Competitors: Elbow, Knife Hand Strike
- Wheelchair Male: Punch, Elbow, Knife Hand Strike
- o Wheelchair Female: Elbow, Knife Hand Strike







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Additional Rules:

- Coaches agree upon minimum board requirements before competition.
- Judging focuses on technique, power, precision, and confidence.
- Fair play and inclusivity are paramount.

► Disqualification Policies

Grounds for Disqualification:

- Misconduct (unsportsmanlike behaviour)
- Rule violations or repeated breaches
- Failure to appear on time
- Medical disqualification
- Unauthorized equipment usage
- Registration inaccuracies (medical or classification documentation)

Immediate Disqualification:

- Violence or deliberate harm
- Match result manipulation or collusion
- Offensive language or gestures towards anyone

Protest Procedures

Submission of Protest:

- Must be submitted within 10 minutes after event conclusion.
- Clearly state the issue, rule, and desired resolution.
- Accompanied by a protest fee (refundable if upheld).

Review Process:

- Conducted by the **Ring Council** (Jury President, Tournament Director, Senior Officials).
- Decisions are final after reviewing video footage and records.







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Actions After Successful Protest:

- Replay or continuation of round
- Score adjustments
- Overturning of results in serious rule breaches

Classification & Eligibility Guidelines Athlete Classification System:

Athletes are classified based on functional skills into divisions:

- Physical Disabilities (PD)
- Intellectual Disabilities (ID)
- Sensory Disabilities (SD)
- Neurological & Other Conditions (ND)

Full Disability Categories Include:

Physical Disabilities:

Cerebral Palsy, Muscular Dystrophy, Multiple Sclerosis, Spinal Cord Injury, Amputation, Parkinson's, Arthritis, Fibromyalgia, Stroke, Visual/Hearing Impairments, among others.

Intellectual and Developmental Disabilities:

Down Syndrome, Autism Spectrum Disorder, ADHD, Intellectual Disability, Schizophrenia, Severe Anxiety Disorders, OCD, among others.

Eligibility Requirements:

- Registration with recognized Taekwon-Do organization
- Medical documentation confirming disability classification
- Ability to safely compete in division







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🟅 Participation & Membership

Who Can Participate?

- **National Teams**
- Clubs & Organizations
- **Individual Competitors**

Required Affiliation:

All participants must hold valid Inclusive Taekwon-Do Association (IITA) membership.

Verification of Membership:

- Confirm during event registration.
- Proof required at event check-in.
- On-site IITA registration available.

Selt Divisions & Experience Levels

Competitors grouped by rank:

Beginner: 10-9 Gup, 8-7 Gup **Intermediate:** 6-5 Gup, 4-3 Gup

Advanced: 2-1 Gup

Black Belt: 1 Dan and above (patterns to be decided during coach meeting)

W Uniform & Equipment Requirements

Uniform Standards:

- Traditional white Taekwon-Do Dobok
- Mandatory IITA logo patch (right chest)
- Optional organizational patch (left chest)
- Country name permitted on the back (below Taekwon-Do Tree Emblem)







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Protective Gear (Inclusive Sparring):

- ITF-approved or standard gear:
 - o Headgear
 - o Hand and Foot Protectors
- Gear modifications permitted if approved in advance.

Uniform Modifications (Inclusive Athletes):

- Velcro/modified fastenings allowed
- Specialized protective gear permitted
- Medical supports (braces, orthotics) must be declared

Entry Fees & Payment

- €90 per athlete (covers all individual/team events)
- No fees for coaches/officials
- Payments accepted: Cash (EUR), Bank transfer
- Non-refundable except medical withdrawals (certificate required)

Code of Conduct & Fair Play

- Respect, discipline, and sportsmanship mandatory.
- Anti-Doping aligned with ITF standards.
- Random drug testing may occur.
- Inclusivity and respectful conduct essential.

Sponsors & Partners

- Official Sponsor: ISCORE Tournament Software
- Partners: ITF HQ, ITF Italy (event hosting support)
- Gratitude extended to all supporters making this event possible.







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Venue & Travel Information

- Jesolo Sports Arena, Jesolo, Italy
- Detailed travel information provided closer to the event date.

Contact Details

- Email: inclusivetaekwondo@gmail.com
- All inquiries welcome.

We warmly welcome you to join us in Jesolo, Italy, for a historic celebration of inclusive Taekwon-Do. Together, let's make this event unforgettable, inclusive, and empowering for all involved.







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Appendix to the IITA Info Pack

Inclusive World Taekwon-Do ITF Championship 2025 – Jesolo, Italy

Dear participants,

Below you will find additional details regarding accommodation and booking procedures, specifically designed for athletes, coaches, and officials attending the **Inclusive World Taekwon-Do ITF Championship** in Jesolo, Italy.

Accommodation Package Details (Half Board)

Each accommodation package includes:

- Accommodation according to the selected room type (Premium or Standard)
- Half Board (breakfast and dinner)
- Airport transfers (to/from)
- Free entry to the sports venue
- Free access to opening and closing ceremonies
- Medical assistance during competition days (available only for injured competitors)

Accommodation Pricing

2-night accommodation packages (Half Board)

Accommodation Packages - 2 Nights (Half Board)

Payment Deadline	Premium (Double Room)	Standard (Double Room)	Single Room Supplement
By May 15, 2025	€190 (€95/night)	€150 (€75/night)	+€30/night (€60 total)
By July 1, 2025	€210 (€105/night)	€170 (€85/night)	+€35/night (€70 total)
By September 1, 2025	€230 (€115/night)	€190 (€95/night)	+€40/night (€80 total)







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3-night accommodation packages (Half Board)

Accommodation Packages - 3 Nights (Half Board)

Payment Deadline	Premium (Double Room)	Standard (Double Room)	Single Room Supplement
By May 15, 2025	€285 (€95/night)	€225 (€75/night)	+€30/night (€90 total)
By July 1, 2025	€315 (€105/night)	€255 (€85/night)	+€35/night (€105 total)
By September 1, 2025	€345 (€115/night)	€285 (€95/night)	+€40/night (€120 total)

Competition Entry Fee

The registration fee for the Inclusive Event is €90 per athlete, covering participation in individual and/or team events.

Booking Procedure and Payments

Reservation Procedure:

Please send your accommodation request via email to:

worldtaekwondo2025@gmail.com

Clearly specify:

- Exact number and type of rooms required (single, double, triple)
- Full names of all guests and number of guests per room
- Arrival and departure dates

Deposit Payment:

After receiving booking confirmation from the organizing committee, each participant is required to pay a deposit of €100 per person by May 15, 2025.

- Payments must be made exclusively via bank transfer.
- The deposit is non-refundable in case of cancellation.







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Important Note on Payments:

Due to past fraudulent activities, bank account details (IBAN) will not be disclosed publicly. Upon receiving your booking request, you will receive an official invoice containing all necessary payment information.

Organization Contact Information

For further information or assistance related specifically to the Inclusive Event, please use the following contacts:

SSD Federico II di Svevia – Italian Organizing Committee

Tel.: +39 06452 215308
Fax: +39 06622 209209

Web: www.fitsport.it | www.federicogym.it

General inquiries: info@fitsport.it

Accommodation bookings: worldtaekwondo2025@gmail.com

We thank you for your cooperation and look forward to welcoming you to Jesolo for an extraordinary celebration of inclusive Taekwon-Do.

Best regards,

Italian Organizing Committee XXIII ITF Taekwon-Do World Championship 2025

Inclusive Event – Jesolo, Italy







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Logistics and Venue

Event Location:

The event will take place at the **Palazzo del Turismo**, located in the heart of Jesolo at **Piazza Brescia 11, 30016 Jesolo Lido (Venice), Italy**. This multifunctional center features a modern structure made of steel, glass, and lights, covering an area of **15,000 square meters**, and is capable of hosting high-level sporting events with a capacity of up to **4,000 spectators**.

How to Reach Jesolo

By Car

- From Milan or Brennero: Take the A4 motorway. After the Mestre ring road, exit toward Tessera/Jesolo Airport.
- From the Mestre Bypass: Take the Noventa di Piave exit.
- From Tarvisio, Udine, or Trieste: Take the Noventa di Piave exit from the A4 motorway.

By Bus

- Line buses frequently connect Jesolo with Italy and major European countries.
- Bus Station: Picchi roundabout
- **Telephone**: 0421 5944
- Bus Timetables: www.visitjesolo.it/atvo-bus.html

By Train

Railway stations are located in Mestre (Tel: 892021) and in San Donà di Piave (Tel: 892021), both offering frequent bus connections to Jesolo.

By Air

Venice Marco Polo Airport

o **Distance:** 30 km

o Address: Viale G. Galilei, 30/1 – 30173 Tessera – Venice (VE)

o **Telephone**: 041-2606111

Treviso Antonio Canova Airport

o **Distance:** 44 km

Address: Viale Noalese, 63/E – 31100 Treviso

Telephone: 0422-315111

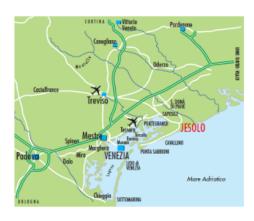






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The Championship's Venue Location and Lay out









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PALAZZO DEL TURISMO

Address: Piazza Brescia 11, 30016 JESOLO LIDO (VENICE) - ITALY Web site: http://www.palazzodelturismo.it/

Palazzo del Turismo is located in the heart of Jesolo. It is a steel, glass and lighting structure built on a 15.000 square meter area.

A real stadium with a vast equipped area able to accommodate basketball, volleyball, soccer and all indoor games.

Up to 4.000 spectators can be seated during high level sports events.

Italy is a state of mind,

We are waiting for you!



